



BLUE CARD – CLUB ADMINISTRATOR KEY POINTS

- All Clubs must designate a Blue Card Officer to ensure that the Blue Card Protocol is followed for all rugby activities.
- During rugby activities not involving a Match Official, a designate (the coach or club administrator) is to report the suspected concussion to Rugby Alberta via SportLomo or emailing memberservice@rugbyalberta.com to ensure the process is followed.

When a player from your Club is issued with a Blue Card:

- The player, Club President and Club Secretary will be notified in writing by Rugby Alberta that the player has been stood down from playing rugby because of a concern regarding concussion.
- The player will be made “inactive” in the registration system.
- In the event that the player issued a Blue Card, for whatever reason, is mistakenly identified in a Match Official’s match report, the Club shall notify Rugby Alberta as soon as practicable following the receipt of the Blue Card notification.
- The player is required to seek medical attention, ideally within 24 to 48 hours and provide the Club President, Secretary and their team coach with a copy of the Rugby Alberta Medical Assessment Letter completed by their doctor.
- If the player **is not** diagnosed with a concussion they may resume full participation in all rugby related activities and will be returned to “active” status in the registration system.
- If the player is diagnosed with a concussion they must undertake the World Rugby Graduated Return to Play (GRTP) program.
- Before the player can commence contact practice and resume playing, they must provide the Club President, Secretary and their team coach with the Rugby Alberta Medical Clearance Letter, completed and signed by a medical doctor.
- This clearance must be submitted to Rugby Alberta no later than 9am on the business day prior to a scheduled match in which a return to play is planned. The player will then be returned to “active” status in the registration system.



- If a player participates in a match prior to clearance for return to play being issued by Rugby Alberta (i.e. whilst the player's status is "inactive"), both the player and their Club may be sanctioned in accordance with the Rugby Alberta Schedule of Sanctions.

For full information on Rugby Alberta's Blue Card Initiative please go to
www.rugbyalberta.com/bluecard

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